

Troop/Crew 14 Hiking Equipment Checklist

(Compiled by Mark Montrose, Scoutmaster, 408-247-5715)

March 1, 2001

Basic Essentials (Carried in Day Pack or Large Fanny Pack – Clothing Pockets).

- ID Card – Listing emergency phone numbers and medical information
(Name and phone number for parent/guardian, doctor, dentist, medical insurance)
- Pocket knife
- Small first aid kit
- 35 cents (for emergency phone calls. 1-800-COLLECT is free to the caller)
- Water kit
 - Container appropriate for activity (bottled water, one or two liter soda containers, sports bottle, etc.)
 - Filtration equipment if needed on activity (purification tablets, charcoal filters, hand pumps, H₂O Pure,® etc.)
- Rain gear and emergency shelter (depends on type and nature of activity)
- Trail food (carry an amount worth one extra day should the need arise)
- Matches and fire starters (waterproof matches, butane lighter – preferred)
- Small flashlight and extra batteries for night hikes
- Whistle for emergency use
- Map and compass (mandatory for off-trail hiking)
- Pump or stick type/lotion insect repellent (100% Deet.® No spray cans)
- Chap Stick, sunscreen and sunglasses (optional)
- Medication (Must be carried by the adult leader)

Personal Equipment

Depends on need, such as weather, time of year, length of hike, etc.

- The Basic Essentials (listed above)
- Day pack (school backpack) or fanny pack
- Trail lunch (repackaged in plastic food bags)
- Drinks in plastic bottle or cans
- Trail snacks (Trail mix, granola bars, dried fruit, Power-bars, high-energy snacks)
- Small roll of toilet paper and plastic trowel if desired. (Both items can be carried in a large plastic sandwich bag)

Clothing (Most of these items will be carried in a full-size backpack if this type of activity is done)

- Scout uniform (Class A – Field, Class B – Activity, or other as specified by the Senior Patrol Leader)
Note: Class A is mandatory during transport to and from activity sites. Change to Class B upon arrival.
- Extra clothing (layers based on expected weather and geographic location)
- Pants or shorts (Denim jeans is discouraged. Nylon or synthetics is preferred)
- Socks (Wool is preferred. Wool evaporates moisture while cotton keeps the feet wet. Use a liner under the sock to prevent blisters from forming)
- Hat with brim
- Sweater/sweatshirt (depending on weather)
- Jacket or windbreaker
- Knit cap/gloves for cold weather
- Rain gear (Ponchos, gaiters, 32 gallon trash bags, etc.)
- Other clothing as desired
- Bandana or neckerchief (Dusty trails)

Patrol Equipment

- First aid kit
- Small plastic shovel ("portable latrine")

NOTE: All gear that might be exposed to rain or water should be waterproof. This includes boots, athletic shoes and day packs. Various products are available such as Camp-Dry.® Sno-Seal® is best for leather products.