

Snow Camping Backpack List

Note: Every item must be in plastic sandwich bags (or equivalent) to help with preventing items from getting wet inside. Put your name on everything.

Every scout must/should have:

- Snowshoes (optional)
- Backpack with cover (keeps snow and moisture from getting inside)
- Sleeping Bag (in waterproof bag)
 - Note: you may want to bring two sleeping bags or a sleeping bag liner. It will help you keep warm. Temperatures at night may get as cold as 0 degrees F. (What sometimes works is a light-weight blanket inside the sleeping bag)
- Two sleeping pads (closed-cell foam; thermal insulation from the ground, and an optional Thermarest or sleeping pad)
- Plastic sheet for under the sleeping pad (moisture barrier)
- Tent, even if a snow shelter is to be built (emergency backup protection)
- Scout handbook (and blue cards for merit badges)

Clothes: (make sure these are in waterproof bags). This list will allow you to dress in layers.

- Pants (wool pants are best, synthetic fabrics are excellent – NO COTTON)
 - Shirt (long sleeve, wool/synthetic preferable – NO COTTON)
 - Long underwear or thermals – NO COTTON
 - Sweatshirt or extra wool shirt– NO COTTON
 - Water/wind proof coat (warn snow type coat)
 - Water/wind proof pants (like ski pants; plastic shell works excellent)
 - Hat (beanie type, full face mask preferred – NO COTTON)
 - Mittens (2 pair), waterproof – NO COTTON
 - Socks (3 pair), wool or synthetic is best – NO COTTON
 - Snow/cold weather boots (gaitors are optional and a good idea)
 - A complete change of clothes (two sets preferred, one for non-snow play and one “dry” set for sleeping)
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- Goggles or sunglasses
 - Suntan lotion (SPF 15 or higher)
 - Chapstick or lip protection
 - Flashlight and extra batteries (if required)
 - Emergency food (does not require cooking)
 - Snacks (equivalent to 2-large candy bars per day)
 - Mess kit (use a non-metal bowl, utensils and drinking cup)
 - Nalgene water bottle that can be held insulated from freezing, or hydration pack protected against freezing
 - Poncho
 - Rope
 - Knife
 - First aid kit
 - Compass
 - Matches (in waterproof container) or small lighter
 - Plastic garbage bag (to cover the backpack during the day and night, and for trash)

Personal Care Items:

- Toilet paper (small amount)
- Toothbrush and toothpaste
- Soap and washcloth (small hand towel)
- Required medicine (please declare to the unit leader)

Every Patrol Must Have:

- Tent(s) and fly (must have enough space for all patrol members)
- Ground sheet to go under tent(s)
- Stoves(s)
- Fuel (bring extra fuel as heating water and melting snow takes quite a bit)
 - Note: white gas stoves and fuel are best for high altitude and cold conditions
- Pots for cooking and making water. Make sure the pots are consistent with the meals you planed.
- Pot scrubber and bio-degradable soap
- Food – enough for everyone
- Plastic garbage bag (small)

Optional Items

- Sled
- Shovel, appropriate for building snow shelter